



THE 30-DAY FREEDOM GAMEPLAN KICKSTART

Clarity. Momentum. Freedom.

‘You don’t need to be a millionaire. You just need to be free.’

This is your activation ritual.

In just 30 days, you’ll gain visibility, set up your systems, start applying what you’ve learned, and track your progress towards real financial independence.

You don’t need to do everything.

You just need to begin.

If this book is the map, the next 30 days are the journey.

If you miss a week or take longer than 30 days, that’s totally okay.

Progress doesn’t expire.

Week 1: See where you stand

Theme: Awareness

Mission: Get a clear picture of your financial position and Freedom Score.

Clarity is power. Progress starts with knowing your numbers.

Checklist

- Complete a full Money Snapshot: list all income, expenses, debts, assets, and investments in one place.
- Work out your annual living expenses: How much would you need each year to live freely, without relying on active (employment) income?
- Calculate your Freedom Score: $\text{Passive income (current)} \div \text{Expenses} \times 100 = \text{Your percentage progress towards freedom.}$

- Your Freedom Score doesn't just track isolated wins; it measures the compounding effect of *Synergification*, when your shares, property, and business work in sync rather than in silos.
- Use the goals worksheet to define one outcome you want to achieve by improving your Freedom Score, keeping the number tied to meaning, not just maths.
- Build the habit. Update your Freedom Score weekly as part of your Freedom Ritual (from week 4 onwards), and continue tracking your spending using your preferred budgeting app. Numbers don't lie, but memory does.
- Use your tools: Refer to the Freedom Gameplan Glossary at the end of the book whenever you need a quick refresher on key concepts.
- Think about suitable people who could become your *Gameplan Crew*. Set a time to discuss this idea with them and find out if they are interested.
- Take action: Earn your first Freedom Score badge in the community:
 - 0–25%: Wage cage
 - 26–50%: Breakaway
 - 51–75%: Power shift
 - 76–100%: Freedom edge
 - 100%+: Clocked off

Week 2: Set the flow

Theme: *Focus*

Mission: *Centralise your cashflow and create financial clarity.*

Buckets help you manage. A Hub Account helps you master.

Checklist

- Open or designate your Hub Account.
- Use your offset account, or the highest-interest fee-free account you have for this. If you feel more comfortable having multiple accounts, set them up as offset accounts, if possible.

- Redirect all income to this account. Salary, side hustles, dividends, everything flows *in*.
- Automate your fixed costs. Bills, rent, insurance, mortgage, get them flowing *out* of the Hub Account automatically.
- Consolidate or close scattered accounts.
- Visibility is the new discipline. Keep it clean and simple.

Week 3: Spark the RICH Trifecta™

Theme: *Wealth building*

Mission: *Take one small but meaningful step in one of the Trifecta assets.*

You don't need to sprint. You just need to start.

Options

Real Estate:

- Check borrowing power or equity
- Explore offset savings potential
- Review First Home Guarantee or valuation tools

Shares:

- Open a brokerage or platform investing account of your choice
- Invest your first \$500 in an ETF (passive) or individual shares (active)
- Set up an auto-investing plan (monthly, fortnightly)

Private business:

- Pick one side hustle or business idea
- Think of people for potential collaboration

Bonus tool: Map your next move

As you work through this Kickstart, keep your **Freedom Map** you printed in the PLAN part nearby.

This is your personal compass, the roadmap that helps you think about your next move.

You don't have to figure it all out at once. Just begin at '*Start Here*' and follow the path that fits your situation.

One step at a time, that's how freedom is built.

Get the printable colour version of the map (I suggest A3 size) and put it on your wall. You can get it at: www.rodnia.com.au/freedomgameplan.

Week 4: Enter the Freedom Ritual

Theme: *Mastery through motion*

Mission: *Cement your progress with a weekly ritual that builds lasting freedom.*

Freedom isn't a finish line. It's a ritual. A rhythm. A weekly return to the one question that matters: am I moving closer to freedom, or drifting away?

Checklist

- Schedule your first Freedom Ritual: Choose a consistent weekly time (for example, Sunday evening) to reflect, refocus, and reset. It can take as little as five minutes.
- Review your Freedom Score: Track your progress and, where possible, involve your partner or someone on the journey with you (*Gameplan Crew*).
- Log a decision: Record one financial decision – big or small – in your Decision Log.
- Engage with the community: share a win, question, or insight in the Freedom Gameplan Community using tags such as #FreedomRitual1, #FreedomRitual2, and so on to keep track of your progress.
- As part of your regular ritual, spend one minute with your **Freedom Map**. Ask yourself: *Am I moving forward on my path?*
- Use it to spot your next action, realign your goals, stay in momentum, and remind yourself how far you've come.
- Build your RICH buffer: Set a minimum reserve in your Flow Account (for example, three months of expenses). This acts as both your safety net and your springboard.

- Set your next badge goal: Review your Freedom Score and identify your next milestone. What could increase your score by 5% to 10% over the next 6 to 12 months?
- Recalculate your Freedom Score (after Day 30): You've completed the Kickstart, but the journey is just beginning. Look for small improvements – reducing unnecessary expenses, adding income streams, or starting a side hustle – as every step moves your score forward.

What happens next?

You've taken real action. You've built clarity, momentum, and habits.

Now it's time to practice it, every week.

That's how mastery is formed. That's how freedom compounds.

Keep up the good work.

Bonus power move: Anchor a ritual

Want to make this habit stick even faster? Anchor your Freedom Ritual sessions to a small, repeated ritual. Light a candle, sit in the same chair, or play the same song each day before starting. This simple trick tells your brain: 'This is my moment'. Over time, this creates a mental shortcut that helps you snap into focus and build momentum with less effort.